



# Island Martial Arts

Phone: (718) 967-6090 Website: SIMartialArts.com  
3800 Richmond Ave 10312

## AUGUST 2010

### A SUMMER'S END

This has been an exciting summer! With a bigger and better location and some great demonstrations, we have accomplished a lot together. However, this great season must conclude. Help us go out with a bang! In August, we have two more demos we would like to invite everyone to participate in.

#### THEMES THIS MONTH :

- > Aug 1st–Aug 7th  
**Judo Week**
- > Aug 8th–Aug 14th  
**Submission Week**
- > Aug 15th–Aug 21st  
**Outside Fighting (Evasion) Week**
- > Aug 22nd–Aug 28th  
**Inside Fighting (Blocking) Week**
- > Aug 29th–Sept 4th  
**Stance Week**

#### Carousel @ Eton Place

Sunday, August 1st  
2PM—5PM

We will meet by the stage to perform during Children's Day. We ask that you come by and show your support, if even for just a few minutes.

#### Back to the Beach

Sat/Sun, August 14th/15th  
9 AM—??

We will meet by the turtle statue (second parking lot from Midland Ave). It will be hot we're sure! Join us for this exciting event with many other vendors to have a day of fun.

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Again, thank you all for your support! We appreciate it all and hope to see everyone soon.

**A GIFT TO OUR SUMMER PROGRAM ATTENDEES**

August marks the end of our Summer Program. We hope everyone had fun with our camp this year, and hope to see you all again next year. As a thank you, we invite all of you to come to karate classes for one free week.



**“...it is mind, far more than technique, that will be the enabler.”  
-Shinmen Musashi**

**HAPPY BIRTHDAY!**

As always, we wish all of our students a very happy and special birthday!

Here are our birthdays this month:

Anthony Andreano  
Paul Patrick Fay III  
Christopher Lafrancesca  
Matthew Bajek

Amir Curovic  
Nicolo DiMarco  
Nikolas Azen

**KOREAN TERMINOLOGY**

Every month, we post new terminology that is required to be known by all students. Please study these terms—who knows when you will be tested?



Concentration	Focus your mind and body
Courage	Overcome your fears
Confidence	Believe in yourself
Choon Bee	Ready Stance
Dobak	Uniform

# August 2010 Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <i>Demo @ Carousel</i>	2	3	4	5	6	7
<b>Judo Week</b>						
8	9	10	11	12	13	14 <i>Back to the Beach</i>
<b>Submission Week</b>						
15 <i>Back to the Beach</i>	16	17	18	19	20	21
<b>Outside Fighting (Evasion) Week</b>						
22	23	24	25	26	27	28
<b>Inside Fighting (Blocking) Week</b>						
29	30	31				
<b>Stance Week</b>						

**SUMMER UNIFORM DRESS CODE UNTIL LABOR DAY!**

**Promotion Training Seminar: September 11th**  
**Promotion Board: September 18th**  
**\*Tuition must be *up to date* to register for promotion board!\***

<u>Future Training Seminar Dates:</u> September 11th December 4th	<u>Future Promotion Board Dates:</u> September 18th December 11th
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